

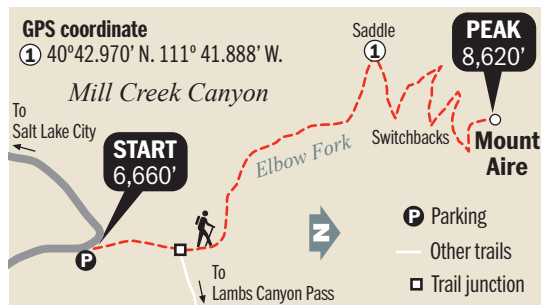
This week's Utah hiking adventure

By **Steve Baker**
Deseret News

Mount Aire Trail - Mill Creek Canyon

From Mill Creek Canyon Road, the trail goes up Elbow Fork. You come to the trail junction at 0.2 miles; go left. The junction sign says it's 1.6 miles to Mount Aire. From the junction the trail drops to a footbridge and starts climbing near the drainage. The trail crosses the drainage over the next footbridge and becomes much steeper. This area is strenuous as you make your way to the saddle. At 1 mile you arrive at the saddle. Take a needed break and enjoy the view before going right. There are six switchbacks from the saddle to the top. At the end of the second switchback you see the Great Salt Lake, Antelope Island, Stansbury Island and part of the valley. On the fifth switchback the trail opens to great views of Parleys Canyon and Interstate 80. Mountain mahoganies offers shade on top, with a 360-degree panorama. Sit on a rock, relax and take it in!

Dogs in Mill Creek Canyon: Salt Lake County requires that dogs be leashed on even-numbered days and allowed unleashed on odd-numbered days. Always keep your dog leashed in developed canyon areas.



SOURCE: National Geographic "Topo!"

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Photo gallery

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Destination	Peak
Difficulty	Moderate/strenuous
Round trip	3.6 miles
Hiking time	3 to 4 hours
Elevation gain	1,960 ft.
Trailhead restrooms	Yes
Dogs allowed	Yes
Canyon fee	\$2.25

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STEVE BAKER, DESERET NEWS

On the top of Mount Aire.

Directions: From Wasatch Boulevard and 3800 South, drive 6.25 miles up the canyon. At the sharp bend at Elbow Fork is the parking lot and trailhead on the left side of the road. Trail is posted.